



230 BRUNSWICK
BLVD, POINTE-
CLAIRE, QUEBEC
H9R 5N5

OPENING HOURS

MONDAY	10:00am - 8:00pm
TUESDAY	10:00am - 8:00pm
WEDNESDAY	10:00am - 8:00pm
THURSDAY	10:00am - 8:00pm
FRIDAY	10:00am - 8:00pm
SATURDAY	9:00am - 3:00pm
SUNDAY	CLOSED



INFO@GRANTBROTHERSBOXING.COM



(514)694-1122



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PRICE PLAN

COMMUNITY CLASSES

MEMBERSHIP OPTIONS:	1 DAY	10 DAYS 1 FREE DAY	1 MONTH	6 MONTHS 1 FREE MONTH	1 YEAR 2 FREE MONTHS
8-12 YEARS OLD	\$15	\$135	\$60	\$325	\$600
13-17 YEARS OLD	\$15	\$135	\$80	\$425	\$800
ADULTS	\$20	\$180	\$95	\$500	\$950
SENIORS	\$15	\$135	\$65	\$370	\$730
GRANDFATHER	\$20	\$180	\$80	\$425	\$800

CLASS PACKAGES FOR KIDS 8-12, WOMEN & SENIORS, WITH A TRAINER

MEMBERSHIP OPTIONS:	1 DAY	10 DAYS
	\$25	\$225

PLEASE NOTE, PRIVATE TRAINING GYM RATES DEPEND ON TRAINER'S EXPERIENCE

PRIVATE	1 ON 1	\$85
SEMI-PRIVATE	2 ON 1	\$120 (\$60 EACH)
SMALL GROUPS	3 ON 1	\$150 (\$50 EACH)
	4 ON 1	\$160 (\$40 EACH)

****UPON THE PURCHASE OF A 10 DAY PASS GET 1 DAY ON US, 6 MONTH MEMBERSHIP GET 1 MONTH ON US & A 1 YEAR MEMBERSHIP 2 MONTHS ON US****



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BOXING SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	10H-11H15 COMMUNITY MORNING CLASS	10H-12H30 OPEN SPARRING	10H-11H15 COMMUNITY MORNING CLASS	10H-12H30 OPEN SPARRING	OPEN GYM/ PRIVATE TRAINING	9H-10H WOMEN BOXING CLASS	
	11H30-16H OPEN GYM/ PRIVATE TRAINING		12H-13H AMATEUR BOXING		12H-13H AMATEUR BOXING	10H45-12H COMMUNITY MORNING CLASS	
AFTERNOON		13H30-14H30 SENIOR BOXING CLASS	COMPETITION ONLY (COACH JAMAAL)	13H30-14H30 SENIOR BOXING CLASS	COMPETITION ONLY (COACH JAMAAL)	12H15-13H KIDS CLASS 8-12YRS	
	16H30-17H15 KIDS CLASS 8-12YRS		13H30-17H30 OPEN GYM / PRIVATE TRAINING		OPEN GYM/ PRIVATE TRAINING	13H-16H OPEN GYM/ PRIVATE TRAINING	
EVENING		14H45-17H30 OPEN GYM/ PRIVATE TRAINING	16H30-17H15 KIDS CLASS 8-12YRS	16H30-17H15 WOMEN BOXING CLASS	OPEN GYM/ PRIVATE TRAINING		
	17H45-19H COMMUNITY EVENING CLASS	17H30-19H AMATEUR PROGRAM	17H45-19H COMMUNITY EVENING CLASS	17H30-19H AMATEUR PROGRAM	OPEN GYM/ PRIVATE TRAINING		
	19H-20H30 OPEN GYM/ PRIVATE TRAINING	19H-20H30 OPEN GYM/ PRIVATE TRAINING	19H-20H30 OPEN GYM/ PRIVATE TRAINING	19H-20H30 OPEN GYM/ PRIVATE TRAINING	OPEN GYM/ PRIVATE TRAINING		

CLOSED



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