

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Class	Open Sparring	Morning Class	Open Sparring			
10h-11h15	10h-12h30	10h-11h15	10h-12h30			
		Amateur Boxing Competition only 12h-13h		Amateur Boxing Competition only 12h-13h	Saturday Class 10h45-12h	
						CLOSED
	Amateur Program 17h30-19h		Amateur Program 17h30-19h			
Evening Class		Evening Class				
17h45-19h		17h45-19h				

Business Hours Monday-Friday: 10am – 8pm Saturday: 10am – 2pm Sunday: closed